

Levetiracetam Responsive in Late-Onset Idiopathic Paroxysmal Kinesigenic Dyskinesia

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CASE PRESENTATION

A 70-year-old male patient presented to the neurology department of Burhan Nalbantoglu State Hospital, Nicosia, Cyprus, in April 2014 with subtle abnormal movements of the upper and lower limbs. His dyskinesias were triggered by a sudden movement only while getting in or out of the car. During the initial months, attacks consisted of abrupt choreoathetoid movements of the right arm alone; however, subsequent attacks included choreoathetoid movements of the right leg as well. There was no alteration in the level of consciousness. The events lasted 5 to 10 seconds. General physical and neurological examination of the patient produced unremarkable results. Magnetic resonance imaging of the brain, ictal electroencephalographic study, and laboratory studies (complete blood count, urine screen, comprehensive metabolic panel, thyroid function tests, and antithyroid antibodies, antinuclear antibodies, copper, and ceruloplasmin level tests) were negative or within the normal limits. Because the patient was diagnosed with paroxysmal kinesigenic dyskinesia (PKD), mutation of the PRRT2 gene was investigated and was found negative. The patient was treated with 200 mg carbamazepine twice a day, but he was not episode free. Carbamazepine was stopped owing to hyponatremia, and the patient was switched to 500 mg levetiracetam twice a day. The patient achieved complete resolution of signs with levetiracetam monotherapy. On follow-up, the patient was dyskinesia free, and no side effects were reported thereafter.

DISCUSSION

Paroxysmal dyskinesia (PD) is a rare neurological syndrome characterized by involuntary, intermittent movements manifested by dystonia, chorea, athetosis, ballism, or any combination of these hyperkinetic disorders (I). Demirkiran et al. (2) adopted the term PD and divided it into 4 categories: PKD, paroxysmal nonkinesigenic dyskinesia, paroxysmal exertion-induced dyskinesia, and paroxysmal hypnogenic dyskinesia. Each type has been subdivided into short-lasting (≤5 minutes) and long-lasting (>5 minutes) subtypes, and each subtype has been subdivided into idiopathic and secondary (2). Because PKD is clinically relatively uncommon and because the cases reported in the literature mostly occurred at younger ages (I), we therefore reported a late-onset idiopathic PKD in a male patient aged 70 years and a complete resolution of the symptoms with levetiracetam monotherapy.

The etiopathogenesis of PKD is still unclear. The most common type is familial PKD, which is caused by mutation of the PRRT2 gene (3). In light of abnormal electroencephalography results of some patients and the good response to anticonvulsants, PKD is considered a form of reflex epilepsy. The diagnosis of PKD is based on the clinical history. Carbamazepine and phenytoin are usually considered the first-choice drugs (4, 5). If they are contraindicated or not effective, other anticonvulsants can be administered (5). The right choice of medications decreases the frequency of attacks or even leads to complete resolution, as in our case. The case we described is an exceptional one because the patient had the first symptoms when he was aged 68 years. The only trigger of his attacks was getting in or out of the car. The duration of his attacks was only up to 10 seconds, and he never lost consciousness. None of his relatives had a similar attack, making our patient the only PKD case in his family.

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